

Illinois Bone and Joint Institute leads the way in state-of-the-art orthopaedic care.

At IBI – Lake Shore Orthopaedics, our Board-Certified specialists evaluate and treat all types of orthopaedic health concerns, with a strong emphasis on work injury rehabilitation.

Why do so many Lake County employers trust us to help their injured employees?

- Our Board-Certified specialists' extensive expertise and outstanding qualifications.
- Comprehensive orthopaedic care and work injury services.
- In-depth understanding of the Illinois Workers' Compensation system.

IBI – Lake Shore Orthopaedics is one of the few medical practices in our area with a team of professionals devoted exclusively to work injury rehabilitation. We are also proud of our continued partnership with the Occupational Health Departments at Vista Medical Center and Northwestern Lake Forest Hospital where our specialists serve as orthopaedic consultants.

At IBI – Lake Shore Orthopaedics, we are dedicated to resolving our patients' work injuries, for a timely, safe return to work – with the partnership, service and quality of care that benefits everyone involved.



847.336.3335

2 CONVENIENT LOCATIONS:

350 S. Greenleaf Avenue • Suite 405
Gurnee, IL 60031

900 N. Westmoreland Road • Suite LL-72
Lake Forest, IL 60045

New Lindenhurst facility opening Summer 2011,
in the Vista Health Medical Office Building.

- State-of-the-art orthopaedic care for work injuries
- In-office MRI and other advanced diagnostic services
- Dedicated Injured Workers team
- Priority appointments for work injury patients
- Fast, accurate reporting with comprehensive, real time Work Status Reports and summaries of worker restrictions
- Functional Capacity Evaluations
- Independent Medical Examinations
- Customized work conditioning programs
- Custom upper extremity splints by certified hand therapists

Learn more about our Injured Workers Program and dedicated team at:
www.ibjilakeshore.com

Expertise in orthopaedic work injuries,
with the partnership and service your business demands.



Easy access for patients, employers and Workers' Compensation professionals.

We want the rehabilitation process to be as easy as possible for patients, employers, case managers and insurance adjusters. With prompt, accessible care and excellent communication, we make high-quality work injury rehabilitation efficient and cost-effective:

- Priority appointments for acute injuries are always available and we work hard to accommodate immediate evaluations. Both our Gurnee and Lake Forest offices offer appointments from 7:30 am through 6:00 pm.
- We provide comprehensive Work Status Reports in real time, at the point of service. These include a summary of any worker restrictions so the employer can determine if light duty or an alternate position is available. We provide fast turn-around on all dictated reports, with same-day STAT reports. Our documentation keeps employers, adjusters and case managers fully informed.
- We offer in-office diagnostics, including open MRI and EMG testing for nerve-related problems. All of our EMG tests are performed by our Board-Certified physical medicine specialist, not a technician, which expedites reporting and diagnosis.
- Our comprehensive industrial rehabilitation includes occupational therapy, physical therapy and certified hand therapy. Our therapy team works closely with our physicians, updating them daily with information that is critical for Workers' Compensation case management.
- The IBJI – Lake Shore Orthopaedics physicians are on staff at Northwestern Lake Forest Hospital and Vista Medical Center. They serve as the hospitals' orthopaedic consultants and have all the facilities' resources available to them.
- Many necessary treatments can be performed in our offices. For some surgical cases, our orthopaedic surgeons operate in an excellent, fully accredited outpatient surgery center. This offers an affordable, convenient option for patients and insurance providers.

At IBJI – Lake Shore Orthopaedics, we are dedicated to helping each patient in our care achieve maximum medical improvement and a timely return to work.



Expertise and the latest treatment options to resolve all types of work injuries.

Our medical team includes board-certified specialists in orthopaedics, a hand/upper extremity subspecialist, a podiatric medicine specialist and a physical medicine specialist. The physicians have many decades of experience treating all types of musculoskeletal related work injuries, including:

- Knee, shoulder or other joint injuries
- Back and neck pain or injury
- Carpal tunnel syndrome and other problems of the hand and upper extremities
- Nerve impingement and other nerve disorders
- Fractures and trauma injuries

The IBJI - Lake Shore Orthopaedics medical team provides state-of-the-art evaluation – including highly-experienced Independent Medical Examinations. Treatment options are comprehensive, from nonsurgical, conservative care to the latest techniques in minimally invasive surgery.

Functional Capacity Evaluations you can rely on.

The Functional Capacity Evaluation (FCE) is a formal assessment of an injured worker's functional, physical capabilities and a critical component of successful work injury rehabilitation. FCE is used to transition injured workers from disability to function and employment and is the single most reliable measure to determine if and when a successful return-to-work is possible. FCE documents an individual's residual physical abilities, level of effort expended during testing, reliability of reports of pain and limitation, and it is an overall gauge of feasibility for employment. Illinois Bone and Joint Institute uses the world-renowned Blankenship System for FCEs, which is strongly supported by original and referenced published research.

- This is a forensic evaluation process that considers the impairment as a whole – including psychophysical, biomechanical and physiological elements related to the medical condition.
- The Blankenship System allows for a greater sensitivity to a client's effort, and includes a high level of validity criteria and sophisticated malingering evaluation components.

After the employee's FCE is complete, you will receive a succinct and comprehensive summary within 24 hours – guaranteed.

Work conditioning that gets employees back on the job.

Our customized work conditioning programs tailor rehabilitation to the employee's specific work tasks and current level of ability. This program is ideal for workers who have completed their treatment and rehabilitation but are still unable to return to full duty. It provides a bridge toward safely returning to a normal workload while being professionally evaluated for tolerance to specific work tasks.

*Learn more about partnering with IBJI – Lake Shore Orthopaedics
for your work injury rehabilitation.*

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Visit us online: www.ibjilakeshore.com

